

Cape Town Only

VISIT SOUTH AFRICA

Tour Proposal

Explore Cape Town and surrounds South Africa

About Cape Town

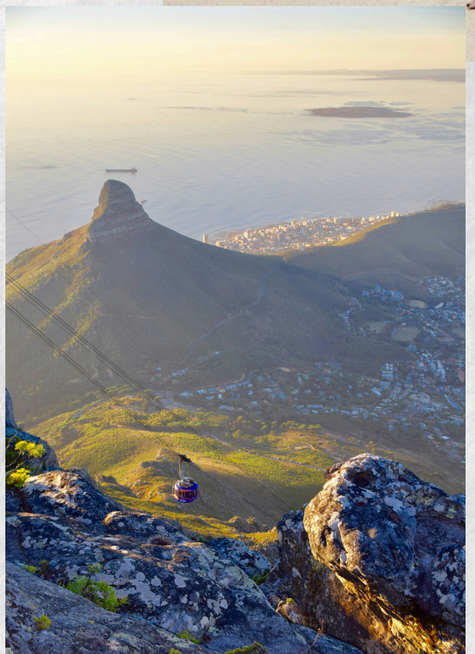
Cape Town isn’t just one of the most beautiful cities in the world; it’s also the perfect classroom and playing field for young minds and athletes. For schools planning sports or educational tours, Cape Town offers a rare combination: top-tier facilities, rich cultural heritage, and unforgettable experiences that go far beyond the textbook.

Sports teams will find world-class infrastructure across disciplines; from rugby and cricket to hockey, netball, and soccer. Local schools and clubs are known for their high standards and warm hospitality, making for thrilling friendly matches and training exchanges.

But Cape Town’s greatest strength lies in its depth. An educational tour here means walking through history at Robben Island, learning about biodiversity at Kirstenbosch Botanical Gardens, or exploring marine science with hands-on programs at the Two Oceans Aquarium. The city's vibrant communities offer opportunities for cultural exchange and service learning, helping students broaden their global awareness and empathy.

Safe, welcoming, and packed with adventure; from surfing lessons to hikes and historical walking tours; Cape Town makes learning real, relevant, and fun. It’s more than a destination; it’s a chance to build global citizens, team spirit, and memories that last a lifetime.





Cape Town

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Destinations



Cape Town



Stellenbosch



Cape Peninsula

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Day 1

Local Airport



Depart

Local Airport to International Airport

Arrive

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Day 2

Depart International Airport



Depart
International Airport to
Cape Town International Airport
Arrive

Depart for quick lunch

Transfer to Hotel to book in

Relax walk to beach

Dinner and African music
(Gold restaurant - 14 African dishes,
drumming and African music)

Transfer to hotel

DAY 3

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Breakfast

Depart for Table Mountain. The exhilarating ascent of Cape Town's Table Mountain is a must for any visitor and provides breathtaking views over the city and its beaches.

Lunch on top of Table Mountain
(own arrangement)



Transfer to V&A Waterfront

The V&A Waterfront is a popular mixed-use destination in Cape Town, South Africa, located in the oldest working harbour in the Southern Hemisphere. It offers a variety of attractions, including shopping, dining, entertainment, and residential and commercial properties.



A tour of Robben Island offers a powerful and informative experience, allowing visitors to explore a UNESCO World Heritage Site and learn about South Africa's history and the struggle for democracy

Dinner at Waterfront
(own arrangement)

Transfer back to hotel

DAY 4



Breakfast

Depart for a 2-hour group surf lesson, this will include the use of a warm wetsuit and surfboard. No previous Experience required.

Early lunch (own arrangement)



Visit the local school or club for a practise session

Late afternoon 1st match in Cape Town against a local school

Dinner will be arranged at the school or club

Transfer back to hotel

DAY 5

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Breakfast

Chapman's Peak Drive
Chapman’s Peak Drive is affectionately known as “Chappies” and is a must for anyone who is passionate about the majestic Cape Town scenery, with sheer drops to the sea below and towering mountains rising above you.

Lunch (own arrangement)



Cape Point Ostrich Farm
The Cape Point Ostrich Farm was established in 1996 and turned into an ostrich breeding farm.

Cape of Good Hope Nature Reserve (Cape Point)
The Cape of Good Hope Nature Reserve forms part of the Cape Peninsula Park and is managed by the South African National Parks.



Simons's Town

Simon's Town's historical mile, St George's Street, has 21 buildings over 150 years' old and includes a local museum, the navy museum and a toy museum.

See a breeding colony of African penguins at close range at Boulders.

Dinner at Hotel

DAY 6



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Breakfast and pack

Depart hotel to Cheetah Outreach program for a private cheetah encounter.

Lunch (own arrangement)

Transfer to Stellenbosch accommodation and book in

Late afternoon 2nd match in Somerset West against a local school

Dinner will be arranged at the school or club

Transfer to hotel

DAY 7





Breakfast

Depart to Stellenbosch for full day professional training session. Netball, cricket, hockey, soccer and rugby, tennis and Aquatic Sports.

Lunch at venue

Dinner on wine farm in Stellenbosch

Might see the Springbok 7's team

DAY 8





Breakfast

The Stellenbosch township tour takes place in Khayamandi, Stellenbosch and it's an excellent opportunity to interact with the local community and share in the rich African cultures and traditional values. This will be followed by a Stellenbosch town walking tour

Lunch (own arrangement)

Afternoon 3rd match in Stellenbosch against a local school

Dinner will be arranged at the school or club

Transfer back to hotel

DAY 9

Transfer to Aquila Private Game Reserve
12h00 - 12h30: Arrival / welcome drinks
12h30 - 14h00 - Buffet lunch
14h00 – Check-in to room
16h30 – 2 to 3hr game drive
19h00 – Buffet Dinner
20h00 – Followed by stargazing





DAY 10







07h00 – 1 to 1,5hr game drive

08h30 – Buffet breakfast

10h00 - Check-out

Transfer to hotel
Lunch (own arrangement)

Afternoon 4th match in Cape Town against a local school

Dinner will be arranged at the school or club

Transfer back to hotel

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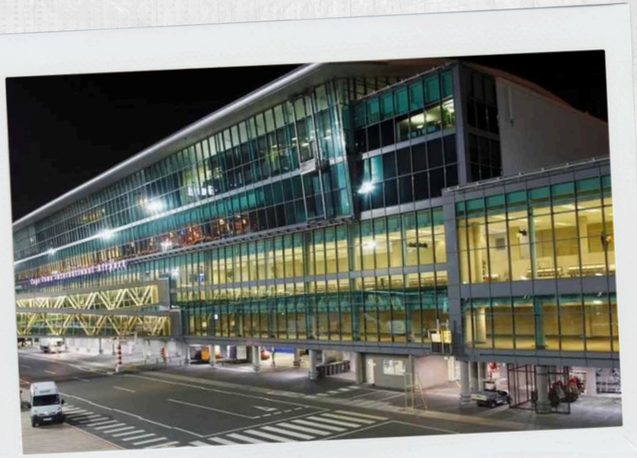
Day 11

Depart Cape Town





Breakfast
Pack bus
Transfer for some shopping
Lunch (own arrangement)
Transfer to Airport

Depart
Cape Town Airport to
International Airport
Arrive

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Day 12

Depart Airport



Depart
International Airport to
Home Airport
Arrive

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Included in Package

School Team Matches

All sports matches and practice facilities, referees / umpires and medical standby all matches. Also washing of match kit

Activities

All activities as per program, unless mentioned otherwise. This will include entrance fees. Escorted by an English-speaking local guide 24-hours per day

Flights

Return flight to Cape Town International Airport

Accommodation

All accommodation will be 4 star and is quoted at 2 - 4 people sharing, breakfast and some meals as per program

Transportation

There will be 24-hour semi-luxury bus available for the group and 24-hour operational support

Travel Insurance

The cost include comprehensive travel insurance for the duration of the tour. This will include sports injuries.



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Excluded from Package

Passports and Visas

Schools need to arrange this

Personal Expenses

Tips for meals; gratuities, telephone calls, beverages, all meals not specified; and anything else of a personal nature

Tips

Where applicable, Bus drivers, Guides, etc

Match Tickets

Any match tickets for any provincial or international sports match, unless arranged prior to departure



Please Note

This program can be changed. Some of the following excursions can be added to the program.

Kirstenbosch Botanical Gardens; Kayaking; Helicopter trip; Boat Trips; District Six Museum; Bo-Kaap Museum; South African Museum; Cape Castle; Heart of Cape Town Museum; Lion's Head; Seal Island Tour; URC Rugby Match (depending on dates of tour); Rugby Stadium Tour

Summary

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Excursions

Gold Restaurant; Table Mountain
V&A Waterfront; Robben Island
Surfing Lesson; Chapmans Peak
Ostrich Farm; Cape Point
Boulder Penguins; Simon's Town
Cheetah Outreach; Township Tour; Stellenbosch Town Tour
2 x Private Game Drives
Stargazing Evening

Accommodation

All 4 star
5 x Nights in Cape Town
1 x Night at Private Game Reserve
3 x Nights in Stellenbosch

Flights

Return flights Cape Town

Meals

9 x Breakfast
2 x Lunch
6 x Dinners

Sport

4 x Matches
4 x Match Kit Washing
1 x Full Day Pro Coaching
Referees/Umpires and Medical
Post Match Meals

Extras

Full Time Guide
Luxury Road Transport
Comprehensive Travel and Sport Insurance

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Stay In Touch

Contact us now to start planning your dream tour!

+27 83 335 6552

https://visitsouthafrica.co/

mike@visitsouthafrica.co

